

WSS Holistic Health Workshop

Conference Schedule // 28 February - 02 March 2025

Fri. Feb 28	Activities	Notes
6:30	Dinner (Harrison House)	
7:30 - 8:30	Session #1 (Johnson Room)	7:20-8:30p Childcare Provided
	Pain as God's Call Back to His Design: Spirit, Soul, & Body - Steele Sessions	
8:30	Evening Snack	
10:00	Quiet in Harrison House	
Sat. Mar 01	Activities	Notes
6:15-7:00	Early Morning Pilates by the Fire, Introductory Experience - Marlisa Eyre (Fort Cochran)	
7:15	Morning Devotional - Paula Halvorson (Johnson Room)	
8:00	Breakfast	
9:00 - 10:15	Session #2 (Johnson Room)	9:20a-12:15p Childcare Provided
	Finding Healing in Prayer - Marlisa Eyre	
10:30 - 11:45	Session #3 (Johnson Room)	
	Recovery from Lyme: a Lifestyle Changing Testimony - Kelly O'Connor	
11:55-12:25	Group Discussion Time	
12:30	Lunch	
1:30 - 2:30	Session #4 (Johnson Room)	1:20-5:10p Childcare Provided
	What Was I Made For? An Exploration of Attachment Theory & Gospel Hope - Sarah Shaw	
2:50-3:50	Breakout Session #1	
	The Art of Making Sourdough Bread - Lee Bryan (2hr 20min Class) (Kitchen)	
	Intro to The Practice of Natural Movement - Steele & Natalie Sessions (Johnson Room)	
	Food for Healing - Kelly O'Connor (Living Room)	
4:10-5:10	Breakout Session #2	
	The Art of Making Sourdough Bread - Lee Bryan (2hr 20min Class) (Dining Room)	
	Going Barefoot Safely - Steele Sessions (Johnson Room)	
	Elixir Class - Kelly O'Connor (Dining Room)	
	The Boldly Enduring: Living Faithfully When Pain Doesn't Have an Answer - Sarah Shaw (Living Room)	
6:00	Dinner	6:50-8:15p Childcare Provided
7:00 - 8:15	Worship and Prayer	
10:00	Quiet in Harrison House	
Sun. Mar 02	Activities	Notes
6:15-7:00	MovNat Workout - Steele Sessions (Johnson Room)	
7:15	Morning Devotional - Paula Halvorson (Johnson Room)	
8:00	Breakfast	
9:30 - 10:30	Worship Service - Designed for Freedom: Spirit, Soul, & Body (Johnson Room) - Steele Sessions	9:20a-12:00p Childcare Provided
11:00-12:00	Group Discussion - Theology of the Body (Johnson Room)	
12:30	Lunch	
1:30	Depart White Sulphur Springs	